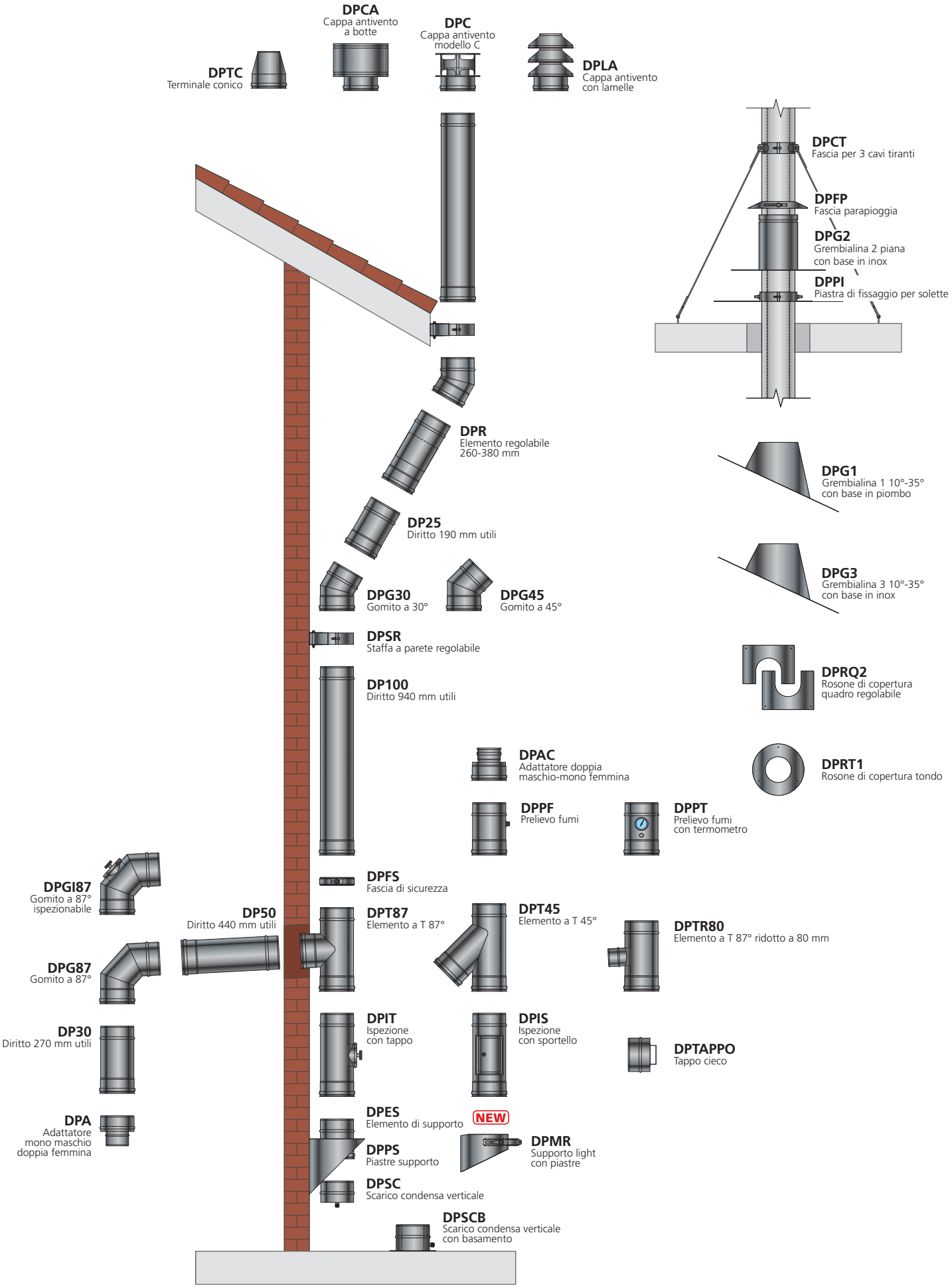Guida alla scelta dei componenti